

Appendix 1 - Get Inspired Outreach Programme

Category	Date	Sport	Venue	Description
Boxing	Sun 4 Oct	Boxing	St. Georges ABC	Coach Master Class
Boxing	Sun 11 Oct	Boxing	Oliver Plunkett ABC	Development Squad Training 49 boys & 7girls (11-13 years)
Boxing	Sun 18 Oct	Boxing	Emerald ABC	Development Squad Training 49 boys & 7girls (11-13 years)
Boxing	Sun 25 Oct	Boxing	Holy Trinity ABC	Development Squad Training 49 boys & 7girls (11-13 years)
Boxing	Tues 10 Nov	Boxing	Ulster Hall	Boxing Development Squads – Event Showcase
Sporting Halloween- Corpus Christie ABC	21-23 Oct 10am-2pm	Boxing, mentoring & healthy eating	Corpus Christi School	Introduction to boxing, peer mentoring & healthy eating advice
Sporting Halloween Albert Foundry Girls FC	Across Oct - Nov	Girls Soccer	Girls Model School	Introduction to soccer – 6 week programme. Pathway to local girls team
Sporting Halloween Andersonstown Tigers	October 1-23	Basketball	Schools in West Belfast St. Mary's Friday 3.15 CBS Tues 3.30-4.30 St. Genevieve's Thurs 3.15	Introduction to Basketball and pathway to local club.
Sporting Halloween Emerald ABC	29 Sept-17 Nov Tues & Thurs	Boxing (Non contact)	Colin Glen Forest Trust (10-12pm) & Horn Drive Drop-in (3.30-5pm)	Try-it exercise and boxing sessions for teenagers with Special Needs
Sporting Halloween Glenn ABC	Every Tues in October 10-2pm	Boxing	Glen Road Christian Brothers School (within curriculum time)	Introduction to boxing for year 8-year 11 boys followed up with free session at club and admission into local boxing show.
Sporting Halloween Star boxing	Thursday's 6.30- 7.30 8, 15, 22 & 29 Oct	Boxing/fitness	Star Boxing Club	As part of a 10 week wellbeing programme with 2 local youth providers Star ABC will provide an introduction to boxing and fitness for 4 weeks.
Sporting Halloween Crumlin Star	15, 22 & 29 October	Soccer	Holy Cross Boys School Holy Cross Girls School	Soccer skill sessions; attacking; defending; goalkeeping.
Boxing	Sun 1 Nov	Boxing	Holy Trinity ABC	Development Squad Training 49 boys & 7girls (11-13 years)
Boxing	Sun 8 Nov	Boxing	Ledley Hall	Coach Master Class

Sporting Halloween St. Paul's FC	1, 8, & 15 Nov (CBS) 6, 13 & 20 Nov (Clonard & St Teresa's YC)	Soccer	Christian Brothers School St Teresa's Youth club Clonard Youth Club	Introduction to club & coaching sessions, taster sessions and informal education sessions. (15 & 20 November hosted at Sarsfields GAA)
Sporting Halloween St. John Bosco ABC	4 week programme every Friday from 2 Oct-28 Oct	Boxing	Malone College St Mary's CBS De La Salle	Developing links between schools & clubs. Sessions take place in school environment with participants invited to the club supported by Jr & Sr members
Sporting Halloween Irish Bowls Association.	27 – 28 Oct	Bowling	St. Roses College, St. Josephs	Taster sessions in "New Age Bowls" with Interschool finale at Belfast Indoor Bowls Club, Shaws Bridge.
Sporting Halloween Deanby Ju-Jitsu Club	1 -28 Oct	Ju-Jitsu	Little Flower 1, 8, 15 Oct St. Malachy's College - 2, 9, 16 Oct Deanby Youth Centre 26 & 28 Oct	Introductory Martial Arts programme and healthy living awareness.
Regional Dev. Squads	27 Sept-8 Nov (every Sunday)	Camogie	Whiterock (Final blitz 8 Nov Queens DUB)	Development Squads U13 & U15 Girls. Training and welfare sessions.
Regional Dev. Squads	Monday 26th October 7pm – 8.30pm	Rugby	Malone RFC	U15 Boys squad development
Active Academy	Nov / Dec TBC	Multi-sport Try-it	Girdwood	Cross community multi Sport try-it event for potential local users
Teenage Kicks	Monday's W/C 9 Nov 12.30 – Harberton 1.30 – Glenveigh	Dance	Glenveigh & Harberton Special Schools Schools are next door to each other.	Dance initiative for children and teenagers with special needs. An annual programme that targets teenagers disengaged from main stream sports and offers them an 8 week dance mentoring programme culminating in a finale performance at the Ulster Hall. (see link below for short clip on the programme) http://www.belfastcity.gov.uk/leisure/sportsdevelopment/teenagekicks.aspx N.B. Teenage Kicks runs in the Easter term so this is not

				the full programme but this is to keep up the partnership with the special needs schools.
Conference	Mon 14 Dec 6pm	“Get Inspired” Sports Conference	Clayton Hotel	Sports Conference – high profile key note speakers, Q&A sessions & workshops covering topical issues such as mental health, nutrition, funding etc.
Active Academy	Thu 17 & Fri 18 Dec 10am-9pm	Active Academy	Andersonstown & Shankill LC	Multi-sport activity day for 11-15yrs including athletics, archery, basketball, boccia, dance, golf, inclusive soccer, pilates, rowing, table-tennis etc.